

UTERINE FIBROID TUMORS AND OVARIAN CYSTS

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Uterine fibroids and ovarian cysts are very common health conditions in women today. They can appear suddenly, grow very large, turn cancerous, and may require surgery to remove them.

Causes. The cause of these conditions is not wholly understood. However, they are often related to high levels of estrogen, and what is called estrogen dominance. This, in turn, can be caused by a toxic liver, or by adrenal gland imbalances, or by toxic metal poisoning, perhaps.

Correction. Until recently, nutritional balancing programs were not too effective in shrinking these tumors and cysts. However, in the past months I observed in several clients that if they added the vaginal coffee implants to their nutritional balancing program, the fibroids and cysts will begin to shrink and disappear.

Symptoms during correction. As the body eliminates uterine fibroids and ovarian cysts with a nutritional balancing program, one may experience:

1. Irregular or unusual menstrual periods, or skipped periods.
2. Unusual menstrual bleeding, at times.
3. Other, such as pain, dizziness, sleep difficulties, weakness or other symptoms.

This may be unpleasant, at times, but it is not a concern, and it will pass. Please do not take hormones, or use drugs, or even herbs to alter the menstrual periods. The irregular periods and bleeding will pass when the cysts and fibroids have been eliminated.